

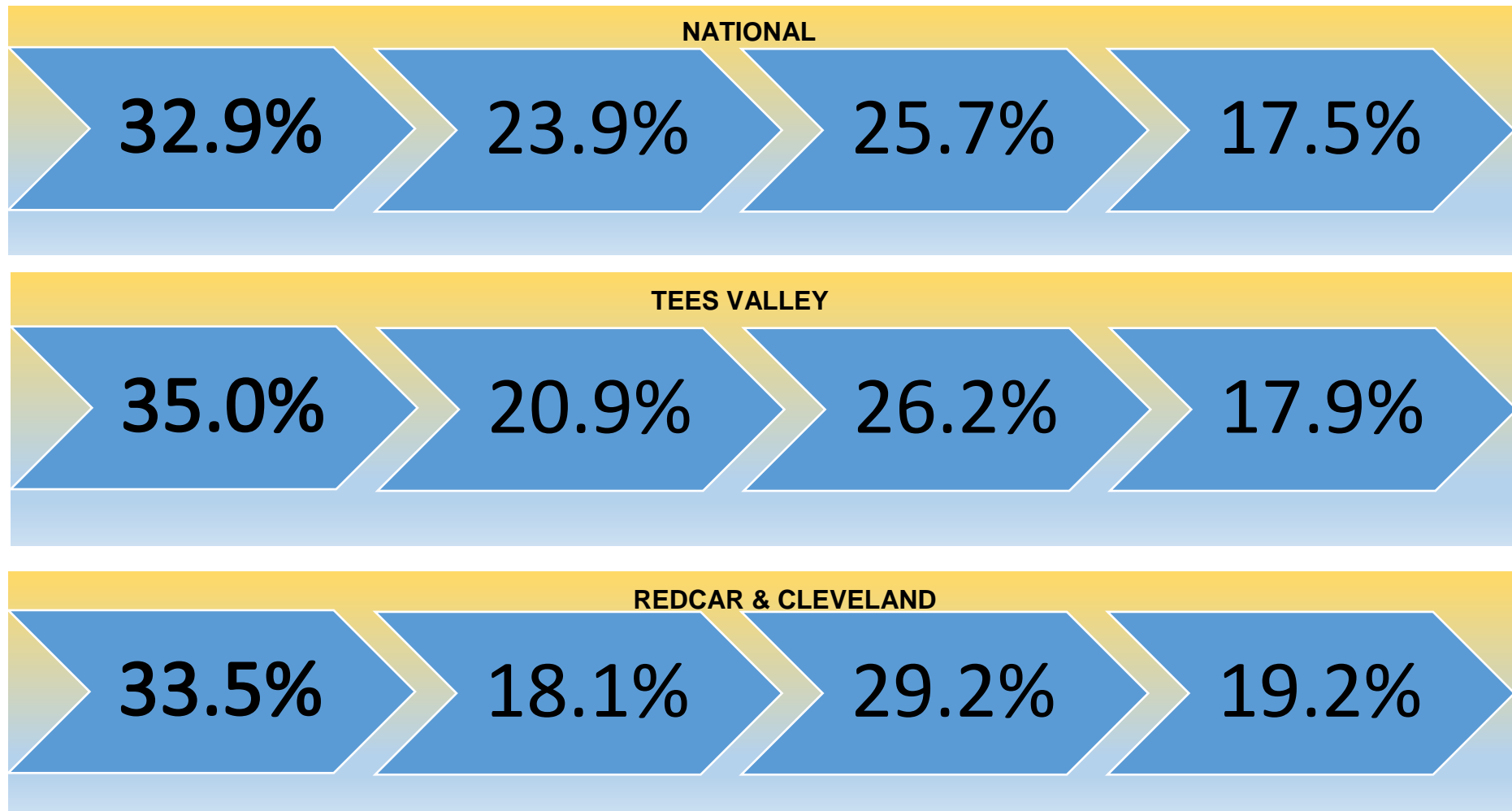
**REDCAR & CLEVELAND Sport and Physical Activity Levels**  
**(Children and Young People in schools years 1-11) Academic Year 2017/18**  
**December 2018 (349 participants)**

**LESS ACTIVE**  
Less than an average of 30  
minutes a day

**FAIRLY ACTIVE**  
An average of 30-59 minutes  
a day

**ACTIVE ACROSS THE WEEK**  
An average of 60+ minutes a  
day but not every day

**ACTIVE EVERY DAY**  
60+ minutes every day



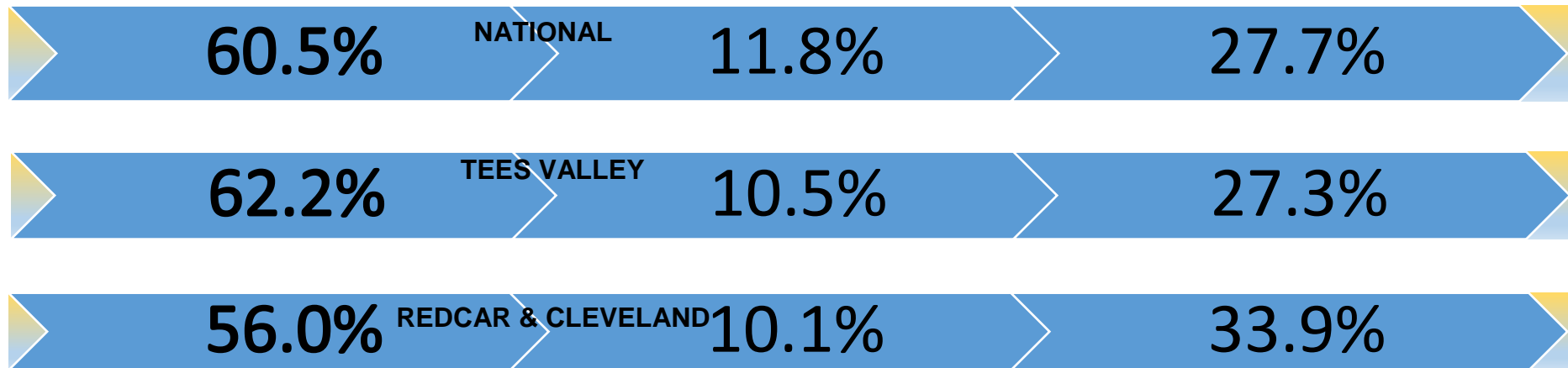
# REDCAR & CLEVELAND

Less active (less than an average of 30 minutes a day)

An average of 30 minutes or more a day but not every day

30 minutes or more every day

## At School



## Outside School

