

# Stockton Duathlon Festival

Sunday 14 April 2019

**RUN** 

**CYCLE** 

**RUN** 



[www.stockton.gov.uk/duathlon](http://www.stockton.gov.uk/duathlon)

# **RUN** **CYCLE** **RUN**

**Are you ready for the challenge?**

**There's three race distances on offer - choose the distance that best suits you.**

- **GO-TRI** – 2k run, 10k cycle, 1k run

(ideal for a very first try)

- **SPRINT** – 5k run, 20k cycle, 2.5k run

(This race is an ITU World Championship 2020 qualifier)

- **STANDARD** – 10k run, 40k cycle, 5k run

(This race is an ITU World Championship 2020 qualifier)

**Cash prizes include £500 for 1st,  
£300 for 2nd and £200 for 3rd  
(Standard only)**

**Race on fully closed roads around  
multi-lap town centre circuit**

**All finishers receive - goodie  
bag, medal and free to download  
high resolution souvenir photos**

**Open to all abilities**



**With thanks to**



**Enter now at [www.stockton.gov.uk/duathlon](http://www.stockton.gov.uk/duathlon)**