HARTLEPOOL Sport and Physical Activity Levels (Children and Young People in schools years 1-11) Academic Year 2017/18 December 2018 (179 participants)

LESS ACTIVE

Less than an average of 30 minutes a day

FAIRLY ACTIVE

An average of 30-59 minutes a day

ACTIVE ACROSS THE WEEK

An average of 60+ minutes a day but not every day

ACTIVE EVERY DAY

60+ minutes every day

NATIONAL

32.9%

23.9%

25.7%

17.5%

TEES VALLEY

35.0%

20.9%

26.2%

17.9%

HARTLEPOOL

38.3%

19.1%

27.9%

Insufficient data

HARTLEPOOL

Less active (less than an average of An average of 30 minutes or 30 minutes or more every day 30 minutes a day) more a day but not every day At School **NATIONAL** 60.5% 11.8% 27.7% TEES VALLEY 62.2% 10.5% 27.3% 65.2% **HARTLEPOOL** 28.9% No data available **Outside School** NATIONAL 46.4% 31.1% 21.5%

30.6%

20.7%

TEES VALLEY

48.7%