

Swim FREE This Summer



Throughout the summer holidays
at all Middlesbrough Council's
swimming pools under 18's swim **FREE!**

SPONSORED BY Middlesbrough **NHS**
Primary Care Trust

Afternoon Sessions Only

Book in advance limited spaces

Activities include:

Mini Water Polo • Aqua Extreme • Rookie Lifeguard
Flippers & Floats • Swim Speed • It's a Knockout
Inter Centre Gala • Teach Your Child to Swim in the Learner Pool

Morning Sessions Casual Swimming

Just turn up and swim for **FREE!**

Check
out our **FREE**
Family Swim
Sessions

For more information contact:

Rainbow Leisure Centre **01642 592800**

The Neptune **01642 230106**

Acklam Sports Centre **01642 822357**

also our website

www.middlesbrough.gov.uk (click Sport & Leisure Service)

